

We're so serious about your health; we brought the club to you.



Fifth Street Fitness Center *Corporate Fitness Membership*

Successful employers know healthy, happy employees work harder, longer. Enroll your company today and receive reduced membership rates for your employees. Don't wait to see the benefits of a corporate wellness program. Each corporate fitness membership includes:

- Discover Wellness Newsletter – 4-page health and wellness newsletter personally distributed bi-monthly to your organization.
- Anniversary Open House – Celebrate your corporate membership anniversary date with a one-day open house for your employees.
- Health Insurance Discounts Available from both Blue Cross Blue Shield and Health Partners.

Contact (612)-313-7403 or afeder@advantagehealth.com with any questions.

Please choose from one of the following three membership options:

Bronze Corporate Membership - \$315 annually

- 5% discount on individual memberships
- 30% discount on individual enrollment fees
- (1) Complimentary personal training session per member (\$48 value per member)
- (1) Complimentary company wellness seminar (\$225 value)
- 5% discount on selected AdvantageHealth programs and services

Silver Corporate Membership - \$930 annually

- 10% discount on individual memberships
- 40% discount on individual enrollment fees
- (1) Complimentary personal training session per member (\$48 value per member)
- (2) Complimentary company wellness seminars (\$450 value)
- 10% discount on selected AdvantageHealth programs and services

Gold Corporate Membership - \$1,745 annually

- 15% discount on individual memberships
- 50% discount on individual enrollment fees
- (1) Complimentary personal training session per member (\$48 value per member)
- (4) Complimentary company wellness seminars (\$900 value)
- 15% discount on selected AdvantageHealth programs and services

Let AdvantageHealth's expertise in worksite health promotion help you plan your next health fair, wellness screening, health risk appraisal or team building event. Our behavior change and disease management programs will cut absenteeism, control health care costs and improve employee morale. Every AdvantageHealth program is tailored to you company's individual needs and budget. Please inquire about how we can help!

