

# GET FIT FOR SPRING PERSONAL TRAINING SPECIAL

During March and April, bring in 3 “protein packed” non – perishable goods and receive a discount on personal training!

- Buy 4 Sessions—Get 1 free (\$38.50/session, regularly \$48/session)
- Buy 8 Sessions—Get 2 free (\$36.50/session)

\*Sessions are 45 minutes\*

\*\*Canned goods will be donated to a local food shelf\*\*

Contact [afeder@advantagehealth.com](mailto:afeder@advantagehealth.com) or [cjablonski@advantagehealth.com](mailto:cjablonski@advantagehealth.com) for more details!

\* Personal training sessions expire 1 year from date of purchase\*

