



# SMT

## Tower Talk

Fall 2012



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# CBRE



**Daylight Saving Time ends on Sunday, November 4<sup>th</sup>. Don't forget to set your clocks back an hour and remember to replace those smoke detector batteries!**



### Seattle Shares - 2012

Make a difference in our community! Please consider attending one of these upcoming Seattle Shares events or taking advantage of a volunteer opportunity.

#### **EASE's 5<sup>th</sup> Annual Crafts and Bake Sale**

Come support EASE on Wednesday, September 26<sup>th</sup>, from 8:00 am to 10:00 am, in SMT 4050/4060 by purchasing (and enjoying!) homemade baked goods, 100% Kona coffee, and handmade crafts. All proceeds benefit Emergency Assistance for Seattle Employees! For more info, contact Karen Winston at 4-0706, Tamsen Spengler at 4-0696 or Angela Miyamoto at 4-0230, or visit EASE's site at [www.seattle.gov/ease](http://www.seattle.gov/ease).

#### **Making Strides Against Breast Cancer Walk**

Are you ready to make strides to end breast cancer? Just a few hours of your time will help bring a lifetime of change for people facing breast cancer and their loved ones. Join us at the American Cancer Society Making Strides Against Breast Cancer walk on October 7, 2012 at Downtown Bellevue Park. Contact 206-674-4105 or visit [www.makingstridesbellevue.org](http://www.makingstridesbellevue.org) for more information.

#### **Seattle Public Library Homework Help**

The Seattle Public Library is seeking Homework help volunteers who can assist students in grades 1 through 12 throughout the 2012-2013 school year. Volunteers will assist mainly ESL students in grades 1 through 12 with homework assignments in English, history, math, science, social studies and other school subjects on a drop-in basis. Applicants must have completed at least one year of college and have experience assisting youth as a tutor, teacher or parent. Volunteers will be scheduled for weekly two-hour shifts. Those who cannot make weekly commitments can be scheduled as substitutes. For more info, contact: Andra Addison, communications director, 206-386-4103 or visit [www.spl.org/about-the-library/library-news-releases/homework-help-628](http://www.spl.org/about-the-library/library-news-releases/homework-help-628).

#### **The Next 50 Celebration**

The Next Fifty (Next 50), celebrating the 50<sup>th</sup> anniversary of the 1962 Seattle World's Fair, now through October 21, 2012, offers community members a variety of opportunities to work together to improve people's lives locally and globally. Seattle Takes Care (STC), organized by Seattle Center Foundation in partnership with several area service organizations, offers seven Seattle Takes Care projects over the six month Next 50 celebration. Visit [www.thenextfifty.org](http://www.thenextfifty.org) for more projects.

***"We encourage and empower our employees to support the larger community by donating their time, resources, and talents to a diversity of community organizations and charitable causes."*** – Seattle Shares Mission Statement



## October

3, 4

SMT Blood Drive

31

Halloween

## November

4

Daylight Saving  
Time Ends

6

Election Day

11

Veterans Day

22, 23

Thanksgiving  
Holiday

# Seattle Municipal Tower Building Staff Directory

# Building Management Update



## SMT Lost and Found

Have you recently accidentally left a jacket in a conference room? Lost a book or a clipboard? Many people don't know it, but Seattle Municipal Tower does have a Lost and Found. It's located at the Level 4 Security Desk. Any items that are turned into Building Management are taken there as well. Are you missing an earring? Check the Lost and Found. Our night time janitorial staff often finds jewelry, money and other valuables and will take them to the Security Desk as well, after leaving a note for the tenant.

## Keep Us in the Loop!

Building Management keeps a directory of all Tenant Contacts, Floor Wardens and Non Ambulatory Personnel in Seattle Municipal Tower. It's very important that we receive updates from you when there are changes in these personnel on your floor/in your suite. We ask that you please keep us in the loop. All Tenant Contacts and Floor Wardens should take the time to fill out our Tenant Information Sheet so that we can keep our directory updated. The directory is an important part of keeping us in contact with Tenants for work orders, important building memos and fire drill information. To access this form, sign into [www.seattlemunicipaltower.com](http://www.seattlemunicipaltower.com) and find the pdf in your "my documents" folder. Please email this completed form back to [karen.parham@cbre.com](mailto:karen.parham@cbre.com) or fax it to 206-343-0862. If you have any questions about this form, please call 206-624-7005.



CBRE  
Management Office  
Suite 4040

Kurt Sarchet  
General Manager

Diane Murray  
Real Estate Manager

Carol Dowling  
Property Accountant

Karen Parham  
Tenant Services Coordinator

## Building Engineering Staff

Troy Taylor  
Chief Engineer

Bud Blanchard  
Assistant Chief Engineer

Kim Rader  
Lead Engineer

Steve Sinn  
Tom Barnes  
Joshua Rice  
Matt Dixon

## Janitorial Daycrew

Bryan Reichert  
Sheila Gregorio  
Anthony Marabito  
Nestor Gutama  
Tenagne Tekka

## IMPARK PARKING

Jeff Cole  
Garage Manager  
206-628-9042

## 2012 2nd Quarter Results for Work Order Requests

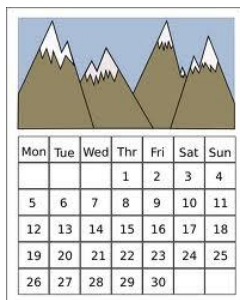
	Total Requests	Average Response Time
Average Response Time – Light Out	146	1 hour 34 minutes
Average Response Time - HVAC hot	19	2 hours
Average Response Time – HVAC cold	34	1 hour 48 minutes
Average Response Time - Plumbing	60	3 hours 9 minutes

\*Please note: Work orders for HVAC requests are responded to as soon as they are received, but work orders are sometimes not closed out immediately, so there may be an interval of 1-2 hours between the opening and closing of the work order.

## Events at Seattle Municipal Tower

Do you have an upcoming City Sponsored meeting, series of meetings or other City Sponsored events scheduled at SMT that you would like to advertise? We can add your event to the SMT Events Calendar, located at each entrance in the building. Also, we can add your event to the Axis Portal main page for all to see.

If you have a City Sponsored event or would like more information, please contact Karen Parham at 206-624-7005, or [karen.parham@cbre.com](mailto:karen.parham@cbre.com).



Seattle Municipal  
Tower Building  
Retail

Seattle Executive  
Fitness  
588-2225

Treasures Gifts &  
Snacks  
682-9422

Key Bank  
684-6507

Starbucks  
622-5789

Core Bistro  
829-9050

Chew Chews  
223-0821

Bebas & Amigo's  
622-7085

OMSHO Crystals  
Mini Spa, Body &  
Gift  
407-3068

De La Serna  
467-4843

Impark Parking  
628-9042



## **Fall Home Security Tips**

Fall is a great time to make sure that your home is prepared for the winter. This weekend, take a look around your home and check off some items such as these:

Have your furnace serviced – If you have an oil burner or gas furnace, carbon monoxide can be a concern. Have a technician come and check your furnace to make sure it is functioning properly.

Clean your fireplace – It's equally important to clean your fireplace before using it this winter. Soot and leaves could be blocking the ventilation window or the flue could be jammed. Have the flue, fireplace and chimney all cleaned.

Check outdoor lighting – If your lights are on timers, be sure to reset them now that it's getting darker earlier in the day. Check all driveway lighting to be sure no bulbs have burned out.

Clean out your gutters – Leaf –clogged gutters can cause serious damage. If rainwater and snow cannot run off properly, it can cause basement flooding and foundation erosion. The wet, clogged leaves can also hide termites and mosquitoes and lead to mold.

Change your batteries – There's no better time than when Daylight Saving Time ends, to change the batteries in your smoke detectors. While you're setting your clocks, go ahead and change those batteries as well!

## **Chew Chews Eatery Under New Ownership**

Seattle Municipal Tower welcomes Hunjo Jung (Joe), the new owner of Chew Chews Eatery. For Joe, owning a restaurant is a long-term dream come true and he is deeply committed to serving healthy food to his customers.

As a pathology major from Korea, Joe came to the US to study nursing and work in the healthcare industry. But he put off pursuing his dream of promoting public health after he married and supported a family.

Amid a busy life, Joe recently started considering managing Chew Chews Eatery. "As I researched this business opportunity, I realized I could live my dream of promoting public health by serving customers fresh and healthy food," Joe said. Another inspiration for healthy living comes from his daughter, Olivia. "I realized how precious a life is when I had Olivia. I will prepare food in the way I would prepare Olivia's meal."

Joe adds, "it is not exactly the same way I pictured, but I am living the dream of my youth as the owner of Chew Chews Eatery".



Joe and his daughter, Olivia, on his first day as the new owner of Chew Chews Eatery.





Are you one of our retail tenants at SMT that has an ad or coupon you'd like to see in our next Newsletter? Are you a City tenant that would like to advertise a City sponsored event? If so, contact [karen.parham@cbre.com](mailto:karen.parham@cbre.com) in the Building Management office or call 206-624-7005.



Juan Alonso-Rodriguez, *Desiderium*, 1998

**OUTstanding**

*OUTstanding* features the artwork of artists who identify with the LGBTQ (lesbian, gay, bi-sexual, transgender, queer and/or questioning) community. This show provides us with an opportunity to exchange ideas and encourage dialogue that reinforces support for diversity. These works will be on display at the Seattle Municipal Tower Gallery. The show will be on view through December 31.

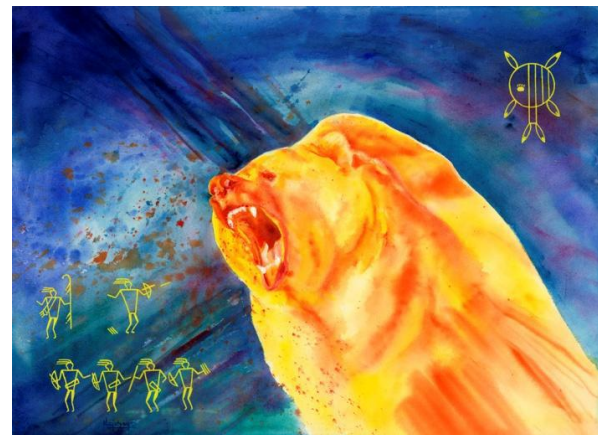
*OUTstanding* highlights twenty-two artworks by sixteen artists, including Juan Alonso-Rodriguez, Dan Corson, Michael Ehle, Victor Gardaya, Richard Hutter, John Jenkins III, Ken Kelly, Rachel Maxi, Lyn McCracken, Jeffry Mitchell, Brian Murphy, Julia Ricketts, Sally Schuh, Carl Smool, Darren Waterston, and Robert Yoder.

“The City’s collection is quite diverse in its holdings and this small sampling is no different. Consider the photographs titled *Immuno-Environmental Corollary Part II* from 1993 by Dan Corson. This triptych visually consists of coils of neon wrapped around dancing men in a darkened backdrop and the figures appear to float magically within an outdoor environment. Balance that against the hard edged shapes of Robert Yoder’s artwork *Hickory* from 2002, a black and white abstract painting inspired by overhead views, city designs and maps in architectural drawings”, explains Deborah Paine, City Curator and Collections Manager, who selected the artworks from the City’s Portable Works Collection.

*OUTstanding* will be on display at the Seattle Municipal Tower from October 2<sup>nd</sup> through December 31<sup>st</sup>, 2012. Join us for the Reception on October 11, 2012, from 4:00 pm to 6:00 pm Level 3. Sponsored by SEqual (Seattle’s LGBTQ employees for Equality).

**Ethnic Heritage Art Gallery Presents**

A coalition of City of Seattle employees established the Ethnic Heritage Art Gallery to showcase emerging and established artists of color from four ethnic and cultural communities. This effort supports the City’s Race and Social Justice Initiative (RSJI) core values by reaching out to our diverse ethnic communities, enriching cultural appreciation, and strengthening everyday collaboration and productivity amongst City employees and our communities.



*Yellow Bear Vision*, Mary Bender

**EHAG Native American Exhibit: Works by Mary Bender**

October 22, 2012 – January 15, 2013

Artist’s Reception November 1, 2012, 11:30 am – 1:00 pm & 4:30 pm – 7:00 pm

Located in Seattle Municipal Tower, Level 3



**Northwest Harvest 2012 Holiday Food Drive**

Mark your calendars to plan ahead for SMT’s 2012 Holiday Food Drive benefitting Northwest Harvest. This year’s drive will be held from Monday, November 26 through Friday, December 21. Building tenants will again be divided into four teams for a friendly competition. Last year’s donations totaled 1,111 pounds of food to support local food banks – we are hoping to donate at least 1,500 pounds of food items for 2012!



*This is a picture of a real lunch plate  
our customer created. He had...*



- Greenbean
- Red Bell Pepper
- Broccoli
- Cherry Tomatoes
- Strawberry
- Orange
- Deviled Egg
- Sauteed Carrots
- Almond Chicken
- Shredded Carrots
- Japanese Style Gyoja
- BBQ Chicken Wing
- Egg Roll
- Onion Ring
- Fried Zucchini
- Fresh vegetable/ Lettuce
- Italian Dressing
- California Roll
- &
- Lemon Salmon

*on one plate all for **\$5.99** \**

**Chew Chew's Eatery**

700 5th Ave #603, Seattle WA 98104

CATERING available at 206 353 0939

\* Before Tax



New owner Joe with his daughter Olivia

**Core Bistro**



**700 5th Ave., Suite 602**  
(6th Level Plaza, SMT)  
**206-829-9050**

**Free** regular size drink with any  
**Pho** order

- Beef Noodle Soup (Pho)** Sm: \$5.99 Lg: \$6.99
- Rare Steak\*
- Beef Brisket
- Meatball
- Chicken (with beef broth)
- Combination\* Sm: \$6.49 Lg: \$7.49  
(rare steak, beef brisket, tendons, meatball)

Must present this coupon at time of purchase.  
Expires: 12/30/12



Availability  
Appt. Required  
Not Redeemable for Cash  
Limit ONE per person

**The OMSHO Gift of Giving**

[www.OmshoCrystals.com](http://www.OmshoCrystals.com) 206-407-3068

To: The Tenants of Seattle Municipal Tower

From: Kate & Al Reust – Omsho Owners & Facilitators

**½ off any Dead Sea Facial or a FREE Home/Office Spa Party**